



Response from eConsult Specialist

LESLIE SMITH, CERTIFIED WOUND CARE NURSE

NPI: 1000000001

CHIEF COMPLAINT

A 54 yo male with left forearm abscess s/p I&D 4 days ago.

COMMENTS TO SPECIALIST

Does patient need to be seen at a wound care clinic?

MAIN QUESTION

Please see note and pictures and given recommendations on wound care.



Contact us at info@aristamd.com or visit www.aristamd.com

SUMMARY

Patient can be treated at primary care level with specialist instruction

DETAILS

Recommended diagnostics: Consider obtaining wound culture if this is recurrent. Resistance to traditional MRSA drugs is becoming more common.

Recommended actions: Discontinue daily dressing change, remove dressing at home and allow wound to dry out, and telfa over packed wound - it is causing maceration because it has no absorptive capability. Cover wound with large fabric bandage. Moist wound healing with adequate absorption of exudate is current standard of care. Once infection is being treated (abx), goal is to identify dressing option that will minimally disturb healing and extend dressing change frequency. Wounds cool down every time they are exposed to 'open to air'. Wounds heal via body temperature. It takes 4-8 hours for wounds to warm to a temperature that promotes wound closure AFTER exposure to air.

New recommendations: 1) Cleanse with wound cleanser or saline. 2) Apply small amount of bacitracin onto gauze packing strip, lightly tuck over wound. 3) Cover with large fabric bandage. Once wound fills in discontinue packing and apply small amount of bacitracin directly to the bandage. Reinforce to patient the importance of thorough hand washing and use of disposable, non-sterile gloves. Please review 'patient actions' to ensure the information is consistent with your local disposal laws.

Recommended patient actions: Change dressing every other day and less frequently as wound closes. 1) Wash hands thoroughly with soap and warm water before/after dressing change. 2) Put on a pair of non-sterile gloves. 3) Carefully remove any tape and the old dressing. If the dressing is sticking to skin, wet it with warm water to loosen it. 4) Remove the gauze pads or packing tape from inside your wound. 5) Put the old dressing, packing material, and gloves in a plastic bag and set aside. 6) Put on a new pair of non-sterile gloves. 7) Cleanse your wound with either wound cleanser or saline, and pat dry with clean gauze. 8) Check the wound for increased redness, swelling, or odor. Pay attention to the color and amount of drainage. 9) After cleansing, put the gloves in the bag with the old dressing. 9) Wash your hands again. 10) Put on a new pair of non-sterile gloves. 11) Apply bacitracin to packing strip and lightly tuck into and over wound base. 12) Cover with large fabric bandage. FOLLOW YOUR LOCAL LAWS REGARDING DISPOSAL OF SOILED DRESSINGS.

Leslie Smith

Leslie Smith, Certified Wound Care Nurse

10/05/22 7:40 a.m. PDT

Response Date Stamp

For reference only. This eConsult is based on an actual request for specialist consultation. The primary care provider, specialist, and patient are de-identified to protect private health information (PHI).