

Quick Start Guide

- Go to consult.trustsitka.com using **Google Chrome**
- Once logged in, you'll see the **My patients** page
- Click **Request consult** to begin

1 Enter Member Demographics

Patient first name

Patient last name

Patient ID

Birthdate

Only these four fields are required

2 Select State and Specialty

State

Pick a specialty

3 Attach Documentation

Include supporting information

Include supporting labs, images or physical findings that you think will help the specialist understand your request.

Supported file types: PDF, JPG, PNG, TIFF, MP4, MOV, DOCX, XLSX, PPTX

Complete documentation (notes, lab results, x-rays, and photos) will ensure detailed specialist recommendations

4 Finish and Submit Your Request

Text Request

Video Request

Record

Camera only
 Screen

Create your request by text, video, or sharing your screen

You'll be notified when a Sitka specialist has responded with specific, actionable guidance!