



# eConsults offer specialist advice for pediatric care.

Treat common pediatric conditions in the primary care setting with advice from a specialist.

AristaMD offers eConsults in more than 70 specialty areas. Please ask us about other common conditions eConsults can address.



## Dermatology - Rash

### COMMENTS TO SPECIALIST

A 4-month-old male presents with extensive dry, peeling skin. Some areas are raw and weeping, particularly in skin folds and on the chest. I suspect atopic dermatitis based on my last exam. Now the rash is much more severe. Parents are hesitant to use barrier creams. It is unclear how long recommended creams/ointments were used.

The parents were using olive oil and bathing once a week. They are now using hypoallergenic formulas, and, unfortunately, they are changing the formula often. No other changes or exposures. Father has a history of allergies and skin issues.

The patient also had seborrheic dermatitis on the scalp and eyebrows. I prescribed Ketoconazole cream. Lastly, I believe the diaper rash is related to the atopic dermatitis, but I am considering treatment with nystatin.

### MAIN QUESTION

Would you just recommend barrier ointments (Vaseline/Aquaphor) in these areas? Do you think an antibiotic is needed?

SPECIALTY	PATIENT COMPLAINT
Pediatric Dermatology	<ul style="list-style-type: none"> <li>🔍 Acne</li> <li>🔍 Moles</li> <li>🔍 Rash</li> </ul>
Pediatric Cardiology	<ul style="list-style-type: none"> <li>🔍 Abnormal EKG</li> <li>🔍 Chest Pain</li> <li>🔍 Hypertension</li> <li>🔍 Palpitations</li> </ul>
Pediatric Endocrinology	<ul style="list-style-type: none"> <li>🔍 Delayed or Precocious Puberty</li> <li>🔍 Hyperthyroidism</li> <li>🔍 Short Stature</li> </ul>
ENT w/ Pediatric Focus	<ul style="list-style-type: none"> <li>🔍 Ear Infection</li> <li>🔍 Epistaxis</li> <li>🔍 Nasal Congestion</li> </ul>
Pediatric Gastroenterology	<ul style="list-style-type: none"> <li>🔍 Abdominal Pain</li> <li>🔍 Constipation</li> <li>🔍 Diarrhea</li> <li>🔍 Elevated liver function tests</li> </ul>
Pediatric Hematology	<ul style="list-style-type: none"> <li>🔍 Abnormal Labs</li> <li>🔍 Coagulopathy</li> <li>🔍 Thrombocytosis</li> </ul>
Pediatric Psychiatry	<ul style="list-style-type: none"> <li>🔍 ADHD</li> <li>🔍 Anxiety</li> <li>🔍 Autism Spectrum Disorder</li> </ul>

Listed specialties and common conditions are not inclusive of all common conditions or specialties available for eConsult.

For more information or to request demo, contact us at [info@aristamd.com](mailto:info@aristamd.com) or visit [www.aristamd.com](http://www.aristamd.com).

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