

CHIEF COMPLAINT
Ear Pain

COMMENTS TO SPECIALIST

A 29 year old male presents with 15 days of right ear pain.

He was seen in urgent care on 2 weeks ago and prescribed Ofloxacin drops. He states he completed the medication with no improvement to his symptoms.

Denies fever, vomiting, headache. Admits to discharge from the ear.

MAIN QUESTION

Please advise on treatment recommendations.



Response from eConsult Specialist
RAMONA PALMER, MD, OTOLARYNGOLOGY
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SUMMARY

Treatment options available at the primary care level.

DETAILS

29-year-old male who complains of discharge and pain in the right ear for about 15 days now.

Patient was started on Ofloxacin ear drops and Cipro 500 mgs. He reports no hearing loss. It is hard to tell what type of infection the patient has without a physical exam.

But from the history it is quite possible the patient has a fungal infection. That would explain it not responding to ear drops that are for bacteria (Ofloxacin).

I recommend placing the patient on acetic acid otic drops 3 times per day.

Keep the ear dry. No water on his ear.

I would also give him Diflucan 150 mgs once a day one pill. If patient does not respond in 7-14 days, he should have an in-person visit with an Otolaryngologist.

Ramona Palmer, MD

Ramona Palmer, MD, Otolaryngologist

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Response Date Stamp